

The 5th Marathon «МУЧКАП-ШАПКИНО – **LUBO!**»

November 5, 2016



The Largest Athletics Marathon of the Russian Chernozem Region!

WINNERS, 42,195 km



1. Imenin Aleksandr,
№ 232



2. Khoroshilov
Ruslan, № 665



3. Ruchnikov Egor,
№ 811



4. Orlov Aleksandr,
№ 437



5. Ermakov Denis,
№ 192



6. Demyanov Vladislav,
№ 164



1. Matveeva
Ekaterina, № 967



2. Buravova Svetlana,
№ 855



3. Sycheva Tatyana,
№ 1047



4. Zhalybina
Marina, № 903



5. Dvoryaninova
Lyudmila, № 882



6. Bulavintseva
Anastasiya, № 1138

MEN					WOMEN				
Rank	Number	Name	City	Time	Rank	Number	Name	City	Time
1.	232	Imenin Aleksandr	Ryazan	2:26:40	1.	967	Matveyeva Yekaterina	Zheleznogorsk	3:00:46
2.	665	Khoroshilov Ruslan	Biryuch	2:33:26	2.	855	Buravova Svetlana	Tolyatti	3:04:31
3.	811	Ruchnikov Yegor	Kamyshin	2:37:50	3.	1047	Sycheva Tatyana	Ryazan	3:04:55
4.	437	Orlov Aleksandr	Vladimir	2:38:12	4.	903	Zhalybina Marina	Zheleznogorsk	3:07:18
5.	192	Yermakov Denis	Zheleznogorsk	2:38:38	5.	882	Dvoryaninova Lyudmila	Yuzhnouralsk	3:13:56
6.	164	Demyanov Vladislav	Vladimir	2:40:49	6.	1138	Bulavintseva Anastasiya	St. Petersburg	3:23:58

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WINNERS, 21,098 km



1. Saenko Viktor,
№ 1121

2. Barelnikov Daniil,
№ 44

3. Martynov Dmitriy,
№ 366

1. Ryzhankova Julia,
№ 1013

2. Petrova
Aleksandra, № 996

3. Andrianova Olga,
№ 835

MEN					WOMEN				
Rank	Number	Name	City	Time	Rank	Number	Name	City	Time
1.	1121	Saenko Viktor	Liski	1:11:44	1.	1013	Ryzhankova Julia	Sary Oskol	1:26:56
2.	44	Barelnikov Daniil	Volgograd	1:12:19	2.	996	Petrova Aleksandra	Volgograd	1:31:00
3.	366	Martynov Dmitriy	Moskva	1:17:23	3.	835	Andrianova Olga	Sary Oskol	1:33:57

WINNERS, 10 km



1. Popov Sergey,
№ 495

2. Leonenko Artem,
№ 417

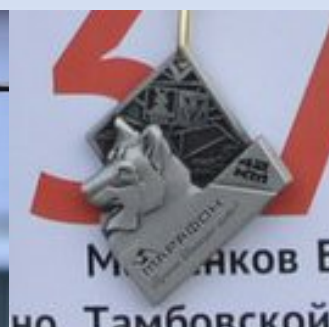
3. Popov Aleksey,
№ 491

1. Sukhankina
Viktoriya, № 1093

2. Vasilchenko
Ekaterina, № 859

3. Strelkova Olga,
№ 1042

MEN					WOMEN				
Rank	Number	Name	City	Time	Rank	Number	Name	City	Time
1.	495	Popov Sergey	Voronezh	0:30:23	1.	1093	Sukhankina Viktoriya	Volgograd	0:37:45
2.	417	Leonenko Artem	Uvarovo	0:30:41	2.	859	Vasilchenko Ekaterina	Donetsk	0:40:59
3.	491	Popov Aleksey	Voronezh	0:31:24	3.	1042	Strelkova Olga	Ryazan	0:42:55



The 4th MARATHON «MUCHKAP-SHAPKINO - *LUBO!*»

November 4, 2015.



The three-time winner of the marathon "Muchkap - Shapkino - *Lubo!*" at a distance of 42 km 195 m is Alexander Imenin, number 49, Ryazan.

The 4th Marathon "Muchkap-Shapkino - *Lubo!*", the largest marathon of the Black Soil region, took place in the village of Muchkap, Tambov region, on November 4, 2015.

More than 400 runners ran marathon, half-marathon, and 10km distances. Young athletes took part in the "Sweet race", while older people and school students ran the "VIP-race" (1195 m).

The 4th Marathon Winners

MEN					WOMEN			
42km	1	Imenin Alexander	Ryazan	2:31:59	1	Antropova Irina	Rostov-on-don	3:07:07
	2	Ponomarev Timur	Voronezh	2:32:17	2	Sycheva Tatyana	Ryazan	3:09:20
	3	Loginov Vitaly	Ivanovo	2:37:19	3	Novikova Lyubov	Borovsk	3:15:03
21km	1	Grigoriev Oleg	Saratov	1:07:39	1	Ryzhankova Julia	Stary Oskol	1:27:12
	2	Leonenko Artem	Tambov	1:09:43	2	Skoblina Elena	Moscow	1:34:49
	3	Ermakov Denis	Zheleznogorsk	1:13:25	3	Sycheva Lyubov	Ryazan	1:39:07
10km	1	Anisimov Alexey	Voronezh	0:33:03	1	Zaytseva Maria	Balashov	0:40:41
	2	Getman Alexander	Liski	0:33:07	2	Dimitrenko Svetlana	Balashov	0:41:30
	3	Chernyshov Andrey	Lipetsk	0:33:13	3	Lupanova Svetlana	Smolino	0:41:50



The 3th MARATHON «MUCHKAP-SHAPKINO - LUBO!»

November 3, 2014

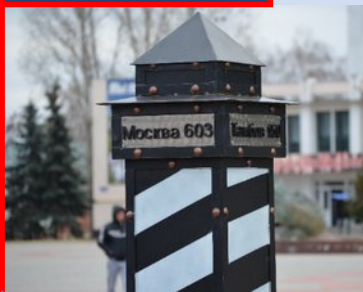


Tatiana Sycheva, #89,
Ryazan, the winner of
the marathon among
women
(3:06:31)

The 3rd marathon “Muchkap-Shapkinov-LUBO!” was held in the village of Muchkap, Tambov region, on November 3, 2014. Marathoners from more than 70 Russian cities and foreign countries participated in the race.

The 3rd Marathon Winners

MEN				WOMEN				
42km	1	Imenin Aleksandr	Ryazan	2:28:01	1	Sycheva Tatyana	Ryazan	3:06:31
	2	Kyun Timofey	Ryazan	2:47:19	2	Novikova Lyubov	Borovsk	3:06:33
	3	Ivoylov Andrey	Saratov	2:48:08	3	Abashova Yelena	Volgograd	3:16:47
21km	1	Khoroshilov Ruslan	Biryuch	1:09:08	1	Sukhankina Viktoriya	Balashov	1:30:53
	2	Danilov Vasilii	Shuya	1:15:50	2	Prokhorova Nataliya	Moscow	1:36:52
	3	Khorev Aleksandr	Balashov	1:16:14	3	Sycheva Lyubov	Ryazan	1:38:27
10km	1	Chernyshov Andrey	Lipetsk	0:36:01	1	Kafarova Vera	Balashov	0:45:38
	2	Makarenko Sergey	Borisoglebsk	0:36:27	2	Zaytseva Maria	Balashov	0:46:59
	3	Adzhoyan Mikhail	Balashov	0:36:54	3	Trubacheva Yevgeniya	Shatura	0:47:38



The 2th MARATHON «MUCHKAP-SHAPKINO - *LUBO!*»

November 3, 2013



The 2nd marathon “Muchkap-Shapkino – *LUBO!*» was held in 2013. More than 200 participants from 40 cities and villages ran marathon, half marathon, 10K, and 5K.

The 2nd Marathon Winners

	MEN				WOMEN			
42km	1	Imenin Aleksandr	Ryazan	2:31:07	1	Seregina Olga	Kotovsk	3:13:34
	2	Kyun Timofey	Ryazan	2:50:45	2	Skobina Yelena	Moscow	3:34:22
	3	Yegorkin Denis	Yegoryevsk	2:51:30	3	Golova Anna	Moscow	3:59:34
21km	1	Leonenko Artem	Uvarovo	1:16:51	1	Trunova Olga	Moscow	1:50:23
	2	Maksimov Pavel	Tambov	1:17:46	2	Boldyreva Viktoriya	Michurinsk	1:52:20
	3	Pantukhov Aleksandr	Tambov	1:18:01	3	Ivanova Gulnara	Tambov	1:53:46
10km	1	Sherishorin Anton	Kotovsk	0:35:03	1	Yerokhina Aleksandra	Kotovsk	0:44:03
	2	Makarenko Sergey	Borisoglebsk	0:36:16	2	Ivchenko Yuliya	Moscow	0:49:59
	3	Solomatin Sergey	Ryazan	0:36:23	3	Martakova Darya	Borisoglebsk	0:53:01
5km	1	Burlakov Sergey	Taganrog	0:47:54				



The marathon winner is Aleksandr Imenin, № 1010, Ryazan – 2:31:07



The 1st MARATHON «MUCHKAP-SHAPKINO - *LUBO!*»

November 4, 2012



The 1st marathon «Muchkap-Shapkino – *Lubo!*» was held on November 4, 2012, in the village of Muchkap, Tambovskaya oblast. 71 racers from 28 Russian cities ran marathon, half-marathon, and 10K distances. More than 500 people participated in the «Sweet Race» and «VIP-Race».

The 1st Marathon Winners

MEN		
42 km	Antokhin Stanislav (Tambov)	2:41:37
21 km	Medvedev Aleksandr (Tambov)	1:24:27
10 km	Sherishorin Anton (Kotovsk)	0:35:31
WOMEN		
42 km	Seregina Olga (Kotovsk)	3:18:39
21 km	Prokhorova Nataliya (Korolev)	1:37:27
10 km	Naumova Antonina (Tambov)	0:58:00



Stanislav Antokhin,
The 1st marathon
winner

